



To schedule an appointment call, **612-672-7100**
Or fax (include patient phone #) **612-672-7111**

Bring this form and your insurance card to your first appointment. Your insurance may not pay for services without a referral from your clinic or your insurer.

Patient name _____ DOB _____

Phone _____

Diagnosis _____ Onset/DOS _____

Pertinent health conditions _____

Check one of the following:

Service	1. <input type="checkbox"/> Physical Therapy	}	Choose one:	<input type="checkbox"/> Evaluate and Treat
	2. <input type="checkbox"/> Chiropractic			<input type="checkbox"/> Up to _____ visits
	<input type="checkbox"/> Acupuncture			<input type="checkbox"/> Per protocol or clinical pathway
	3. <input type="checkbox"/> Integrated Spine Service			<input type="checkbox"/> Specific: refer to box below
Note: Integrated Spine Service combines PT and chiropractic services as deemed appropriate by the caregivers.				

Physician name _____ Clinic _____

Physician Signature _____ Date _____

If you would like a detailed treatment plan, please check here

Specific Request (Optional)	Exercise	Modalities	Pelvic Floor
	<input type="checkbox"/> Active/Assistive ROM	<input type="checkbox"/> E-stim/TENS/STS	For Women Only
	<input type="checkbox"/> Conditioning	<input type="checkbox"/> Hot/Cold Packs	<input type="checkbox"/> Back Pain during Pregnancy
	<input type="checkbox"/> Home Exercise Program	<input type="checkbox"/> Iontophoresis	<input type="checkbox"/> Exercise during Pregnancy
	<input type="checkbox"/> Passive ROM	<input type="checkbox"/> (patient must provide 4mg/ml Dexamethasone, with "spike" 30ml total)	<input type="checkbox"/> Incontinence/Pelvic Floor
	<input type="checkbox"/> Posture/Body Mechanics	<input type="checkbox"/> Phonophoresis	<input type="checkbox"/> Osteoporosis
	<input type="checkbox"/> Progressive Strengthening	<input type="checkbox"/> (patient must provide 10% Hydrocortisone in Aquaphor)	For Men Only
	<input type="checkbox"/> Stretching/Flexibility	<input type="checkbox"/> Spinal Traction	<input type="checkbox"/> Pre _____ Post Prostatectomy
	Manual Therapy	<input type="checkbox"/> Ultrasound	<input type="checkbox"/> Incontinence
	<input type="checkbox"/> Joint Mobilization	Special Programs	<input type="checkbox"/> Pelvic Pain
<input type="checkbox"/> Myofascial Release/Soft tissue mobilization	<input type="checkbox"/> Spine/MedX	Pediatric	
<input type="checkbox"/> Spinal Manipulative Therapy	<input type="checkbox"/> Cycle Fit	<input type="checkbox"/> Incontinence	
Equipment	<input type="checkbox"/> Dance/Performing Arts		
<input type="checkbox"/> Home Traction Unit	<input type="checkbox"/> Diabetes Activity Program		
<input type="checkbox"/> Lumbar Roll/Cushion	<input type="checkbox"/> Golf		
<input type="checkbox"/> Lumbar Support/Corset	<input type="checkbox"/> Next Step		
<input type="checkbox"/> Shoulder Pulleys	<input type="checkbox"/> Postural Restoration		
<input type="checkbox"/> TENS Rental	<input type="checkbox"/> Running		
<input type="checkbox"/> Other _____	<input type="checkbox"/> Thrower's Injury		
Special Instructions: _____			

Apple Valley
 15650 Cedar Ave. #160
 Apple Valley, MN 55124
 952-997-4170 Fax # 952-997-4180

Blaine – NSC
 National Sports Center/Schwan Center
 1750 105th Ave N.E.
 Blaine, MN 55449
 763-780-0356 Fax # 763-780-0694

FSOC Blaine
 10961 Club West Parkway N.E., #200
 Blaine MN 55449
 763-528-2992 Fax # 763-528-2951

Bloomington
 600 W 98th St., #390A
 Bloomington, MN 55420-4773
 952-885-6200 Fax # 952-885-6069

Brooklyn Park – Zane
 10000 Zane Ave. N. 2nd Floor
 Brooklyn Park, MN 55443
 763-569-6202 Fax # 763-569-6267

Burnsville
 Ridges Specialty Care Center
 14101 Fairview Drive #300
 Burnsville, MN 55337-2537
 952-892-2650 Fax # 952-892-2654

Columbia Heights
 4000 Central Ave. N.E. 2nd Floor
 Columbia Heights, MN 55421
 763-782-8106 Fax # 763-782-8184

Eagan
 3305 Central Park Village Drive
 Eagan, MN 55121
 651-406-8989 Fax # 651-406-8898

Eden Prairie
 775 Prairie Center Drive #250
 Eden Prairie, MN 55344
 952-944-5314 Fax # 952-944-0092

Edina
 Southdale Medical Building
 6545 France Avenue S., #450
 Edina, MN 55435
 952-836-3820 Fax # 952-836-3821

Elk River
 North Memorial Health Plaza
 800 Freeport Ave N. #200
 Elk River, MN 55330
 612-672-5775 Fax # 612-672-5777

Fridley
 6341 University Ave. N. #104
 Fridley, MN 55432
 763-572-5706 Fax # 763-502-6616

Golden Valley
 8341 Golden Valley Road #202
 Golden Valley, MN 55427
 763-533-0541 Fax # 763-533-1052

Hugo
 17412 Victor Hugo Blvd
 Hugo, MN 55038
 651-466-1950 Fax # 651-466-1953

Lake Elmo OSI / IAM Partnership
 8650 Hudson Blvd. #300
 Lake Elmo, MN 55042
 651-275-4706 Fax # 651-735-3586

Lakeville
 18592 Joplin Ave
 Lakeville, MN 55044
 952-892-9551 Fax # 952-892-9552

Lino Lakes
 7455 Village Drive
 Lino Lakes, MN 55014
 651-717-3480 Fax # 651-717-3489

Maple Grove - Arbor Lakes
 Arbor Lakes Medical Office Bldg.
 12000 Elm Creek Blvd #120
 Maple Grove, MN 55369
 763-420-9960 Fax # 763-420-9963

Maple Grove
 M Health Maple Grove Clinic
 14500 99th Ave. N. Desk #2
 Maple Grove, MN 55369
 763-898-1770 Fax # 763-898-1771

Maplewood OSI / IAM Partnership
 2515 White Bear Ave.
 Maplewood, MN 55109
 651-275-4706 Fax # 651-779-9748

Minneapolis - Fulton
 Clinics and Surgery Center
 909 Fulton St., #5-540A
 Minneapolis, MN 55445
 612-676-4569 Fax # 612-676-4073

Minneapolis - Hiawatha
 3809 42nd Ave. S, 2nd Floor
 Minneapolis, MN 55406
 612-728-7117 Fax # 612-721-0090

Minneapolis - University Village
 2525 University Ave. S.E.
 Minneapolis, MN 55414
 612-672-6697 Fax # 612-672-6816

U-Ortho PT Therapy Center
 2512 South 7th St.
 First Floor R102
 Minneapolis, MN 55454
 612-273-7100 Fax # 612-273-7101

Minneapolis - Uptown
 Lake Calhoun Center
 3033 Excelsior Blvd. #225
 Minneapolis, MN 55416
 612-821-4375 Fax # 612-821-4373

Plymouth - City Center
 North Clinic Building
 15655 37th Ave N., #250
 Plymouth, MN 55446
 763-551-9511 Fax # 763-551-9593

Rosemount
 15075 Cimarron Ave., #20
 Rosemount, MN 55068-2771
 651-322-8888 Fax # 651-322-8889

Roseville
 1955 W. County Road B2
 Roseville, MN 55113
 651-697-1313 Fax # 651-697-1133

Savage
 5725 Loftus Drive
 Savage, MN 55378
 952-226-9560 Fax # 952-226-9561

St. Anthony
 2600 39th Ave. NE #220
 St. Anthony, MN 55421
 612-789-0417 Fax # 612-789-0522

St. Paul-Highland Park
 2155 Ford Parkway #107
 St. Paul, MN 55116
 651-696-5010
 Fax # 651-696-5015

Extended hours. Convenient locations.
One number to call. 612-672-7100
 athleticmedicine.org
 fairview.org/fsoc