



To schedule an appointment call, **612-672-7100**
Or fax (include patient phone #) **612-672-7111**

Bring this form and your insurance card to your first appointment. Your insurance may not pay for services without a referral from your clinic or your insurer.

Patient name _____ DOB _____

Phone _____

Diagnosis _____ Onset/DOS _____

Pertinent health conditions _____

Check one of the following:

Service	1. <input type="checkbox"/> Physical Therapy	}	Choose one:	<input type="checkbox"/> Evaluate and Treat
	2. <input type="checkbox"/> Chiropractic			<input type="checkbox"/> Up to _____ visits
	<input type="checkbox"/> Acupuncture			<input type="checkbox"/> Per protocol or clinical pathway
	3. <input type="checkbox"/> Integrated Spine Service			<input type="checkbox"/> Specific: refer to box below
Note: Integrated Spine Service combines PT and chiropractic services as deemed appropriate by the caregivers.				

Physician name _____ Clinic _____

Physician Signature _____ Date _____

If you would like a detailed treatment plan, please check here

Specific Request (Optional)	Exercise	Modalities	Pelvic Floor
	<input type="checkbox"/> Active/Assistive ROM <input type="checkbox"/> Conditioning <input type="checkbox"/> Home Exercise Program <input type="checkbox"/> Passive ROM <input type="checkbox"/> Posture/Body Mechanics <input type="checkbox"/> Progressive Strengthening <input type="checkbox"/> Stretching/Flexibility	<input type="checkbox"/> E-stim/TENS/STS <input type="checkbox"/> Hot/Cold Packs <input type="checkbox"/> Iontophoresis (patient must provide 4mg/ml Dexamethasone, with "spike" 30ml total) <input type="checkbox"/> Phonophoresis (patient must provide 10% Hydrocortisone in Aquaphor) <input type="checkbox"/> Spinal Traction <input type="checkbox"/> Ultrasound	<input type="checkbox"/> For Women Only <input type="checkbox"/> Back Pain during Pregnancy <input type="checkbox"/> Exercise during Pregnancy <input type="checkbox"/> Incontinence/Pelvic Floor <input type="checkbox"/> Osteoporosis <input type="checkbox"/> For Men Only <input type="checkbox"/> Pre _____ Post Prostatectomy <input type="checkbox"/> Incontinence <input type="checkbox"/> Pelvic Pain
	Manual Therapy	Special Programs	Pediatric
	<input type="checkbox"/> Joint Mobilization <input type="checkbox"/> Myofascial Release/Soft tissue mobilization <input type="checkbox"/> Spinal Manipulative Therapy	<input type="checkbox"/> Spine/MedX <input type="checkbox"/> Cycle Fit <input type="checkbox"/> Dance/Performing Arts <input type="checkbox"/> Diabetes Activity Program <input type="checkbox"/> Golf <input type="checkbox"/> Next Step <input type="checkbox"/> Postural Restoration <input type="checkbox"/> Running <input type="checkbox"/> Thrower's Injury	<input type="checkbox"/> Incontinence
	Equipment		
<input type="checkbox"/> Home Traction Unit <input type="checkbox"/> Lumbar Roll/Cushion <input type="checkbox"/> Lumbar Support/Corset <input type="checkbox"/> Shoulder Pulleys <input type="checkbox"/> TENS Rental <input type="checkbox"/> Other _____			
Special Instructions: _____			

Apple Valley
15650 Cedar Ave. #160
Apple Valley, MN 55124
952-997-4170 Fax # 952-997-4180

Blaine - NSC
National Sports Center/Schwan Center
1750 105th Ave N.E.
Blaine, MN 55449
763-780-0356 Fax # 763-780-0694

FSOC Blaine
10961 Club West Parkway N.E., #200
Blaine MN 55449
763-528-2992 Fax # 763-528-2951

Bloomington
600 W 98th St., #390A
Bloomington, MN 55420-4773
952-885-6200 Fax # 952-885-6069

Brooklyn Park - Edinbrook
8559 Edinbrook Pkwy #104
Brooklyn Park, MN 55443
763-425-5461 Fax # 763-425-3364

Brooklyn Park - Zane
10000 Zane Ave. N. 2nd Floor
Brooklyn Park, MN 55443
763-569-6202 Fax # 763-569-6267

Burnsville
Ridges Specialty Care Center
14101 Fairview Drive #300
Burnsville, MN 55337-2537
952-892-2650 Fax # 952-892-2654

Columbia Heights
4000 Central Ave. N.E. 2nd Floor
Columbia Heights, MN 55421
763-782-8106 Fax # 763-782-8184

Eagan
3305 Central Park Village Drive
Eagan, MN 55121
651-406-8989 Fax # 651-406-8898

Eden Prairie
775 Prairie Center Drive #250
Eden Prairie, MN 55344
952-944-5314 Fax # 952-944-0092

Edina
Southdale Medical Building
6545 France Avenue S., #450
Edina, MN 55435
952-836-3820 Fax # 952-836-3821

Elk River
North Memorial Health Plaza
800 Freeport Ave N. #200
Elk River, MN 55330
612-672-5775 Fax # 612-672-5777

Fridley
6341 University Ave. N. #104
Fridley, MN 55432
763-572-5706 Fax # 763-502-6616

Golden Valley
8301 Golden Valley Road #202
Golden Valley, MN 55427
763-533-0541 Fax # 763-533-1052

Hugo
14712 Victor Hugo Blvd
Hugo, MN 55038
651-466-1950 Fax # 651-466-1953

Lake Elmo OSI / IAM Partnership
8650 Hudson Blvd. #300
Lake Elmo, MN 55042
651-275-4706 Fax # 651-735-3586

Lakeville
18592 Joplin Ave
Lakeville, MN 55044
952-892-9551 Fax # 952-892-9552

Lino Lakes
7455 Village Drive
Lino Lakes, MN 55014
651-717-3480 Fax # 651-717-3489

Maple Grove - Arbor Lakes
Arbor Lakes Medical Office Bldg.
12000 Elm Creek Blvd #120
Maple Grove, MN 55369
763-420-9960 Fax # 763-420-9963

Maple Grove
M Health Maple Grove Clinic
14500 99th Ave. N. Desk #2
Maple Grove, MN 55369
763-898-1770 Fax # 763-898-1771

Maplewood OSI / IAM Partnership
2515 White Bear Ave.
Maplewood, MN 55109
651-275-4706 Fax # 651-779-9748

Minneapolis - Fulton
Clinics and Surgery Center
909 Fulton St., #5-540A
Minneapolis, MN 55445
612-676-4569 Fax # 612-676-4073

Minneapolis - Hiawatha
3809 42nd Ave. S, 2nd Floor
Minneapolis, MN 55406
651-728-7117 Fax # 612-721-0090

Minneapolis - University Village
2525 University Ave. S.E.
Minneapolis, MN 55414
612-672-6697 Fax # 612-672-6816

U-Ortho PT Therapy Center
2512 South 7th St.
First Floor R102
Minneapolis, MN 55454
612-273-7100 Fax # 612-273-7101

Minneapolis - Uptown
Lake Calhoun Center
3033 Excelsior Blvd. #225
Minneapolis, MN 55416
612-821-4375 Fax # 612-821-4373

Plymouth - City Center
North Clinic Building
15655 37th Ave N., #250
Plymouth, MN 55446
763-551-9511 Fax # 763-551-9593

Rosemount
15075 Cimarron Ave., #20
Rosemount, MN 55068-2771
651-322-8888 Fax # 651-322-8889

Roseville
1955 W. County Road B2
Roseville, MN 55113
651-697-1313 Fax # 651-697-1133

Savage
5725 Loftus Drive
Savage, MN 55378
952-226-9560 Fax # 952-226-9561

St. Anthony
2600 39th Ave. NE #220
St. Anthony, MN 55421
612-789-0417
Fax # 612-789-0522

St. Paul-Highland Park
2155 Ford Parkway #107
St. Paul, MN 55116
651-696-5010
Fax # 651-696-5015

Extended hours. Convenient locations.
One number to call. 612-672-7100
athleticmedicine.org
fairview.org/fsoc

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