



To schedule an appointment call, **612-672-7100**  
Or fax (include patient phone #) **612-672-7111**

**Bring this form and your insurance card to your first appointment. Your insurance may not pay for services without a referral from your clinic or your insurer.**

Patient name \_\_\_\_\_ DOB \_\_\_\_\_

Phone \_\_\_\_\_

Diagnosis \_\_\_\_\_ Onset/DOS \_\_\_\_\_

Pertinent health conditions \_\_\_\_\_

**Check one of the following:**

<b>Service</b>	1. <input type="checkbox"/> Physical Therapy	}	Choose one:	<input type="checkbox"/> Evaluate and Treat
	2. <input type="checkbox"/> Chiropractic			<input type="checkbox"/> Up to _____ visits
	<input type="checkbox"/> Acupuncture			<input type="checkbox"/> Per protocol or clinical pathway
	3. <input type="checkbox"/> Integrated Spine Service			<input type="checkbox"/> Specific: refer to box below
Note: Integrated Spine Service combines PT and chiropractic services as deemed appropriate by the caregivers.				

Physician name \_\_\_\_\_ Clinic \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

If you would like a detailed treatment plan, please check here

<b>Specific Request (Optional)</b>	<b>Exercise</b>	<b>Modalities</b>	<b>Pelvic Floor</b>
	<input type="checkbox"/> Active/Assistive ROM	<input type="checkbox"/> E-stim/TENS/STS	<b>For Women Only</b>
	<input type="checkbox"/> Conditioning	<input type="checkbox"/> Hot/Cold Packs	<input type="checkbox"/> Back Pain during Pregnancy
	<input type="checkbox"/> Home Exercise Program	<input type="checkbox"/> Iontophoresis	<input type="checkbox"/> Exercise during Pregnancy
	<input type="checkbox"/> Passive ROM	<input type="checkbox"/> (patient must provide 4mg/ml Dexamethasone, with "spike" 30ml total)	<input type="checkbox"/> Incontinence/Pelvic Floor
	<input type="checkbox"/> Posture/Body Mechanics	<input type="checkbox"/> Phonophoresis	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Progressive Strengthening	<input type="checkbox"/> (patient must provide 10% Hydrocortisone in Aquaphor)	<b>For Men Only</b>	
<input type="checkbox"/> Stretching/Flexibility	<input type="checkbox"/> Spinal Traction	<input type="checkbox"/> Pre _____ Post Prostatectomy	
<b>Manual Therapy</b>	<input type="checkbox"/> Ultrasound	<input type="checkbox"/> Incontinence	
<input type="checkbox"/> Joint Mobilization	<b>Special Programs</b>	<input type="checkbox"/> Pelvic Pain	
<input type="checkbox"/> Myofascial Release/Soft tissue mobilization	<input type="checkbox"/> Spine/MedX	<b>Pediatric</b>	
<input type="checkbox"/> Spinal Manipulative Therapy	<input type="checkbox"/> Cycle Fit	<input type="checkbox"/> Incontinence	
<b>Equipment</b>	<input type="checkbox"/> Dance/Performing Arts		
<input type="checkbox"/> Home Traction Unit	<input type="checkbox"/> Diabetes Activity Program		
<input type="checkbox"/> Lumbar Roll/Cushion	<input type="checkbox"/> Golf		
<input type="checkbox"/> Lumbar Support/Corset	<input type="checkbox"/> Next Step		
<input type="checkbox"/> Shoulder Pulleys	<input type="checkbox"/> Postural Restoration		
<input type="checkbox"/> TENS Rental	<input type="checkbox"/> Running		
<input type="checkbox"/> Other _____	<input type="checkbox"/> Thrower's Injury		
<b>Special Instructions:</b> _____			
_____			

**Apple Valley**  
15650 Cedar Ave. #160  
Apple Valley, MN 55124  
952-997-4170 Fax # 952-997-4180

**Blaine - NSC**  
National Sports Center/Schwan Center  
1750 105th Ave N.E.  
Blaine, MN 55449  
763-780-0356 Fax # 763-780-0694

**FSOC Blaine**  
10961 Club West Parkway N.E., #200  
Blaine MN 55449  
763-528-2992 Fax # 763-528-2951

**Bloomington**  
600 W 98th St., #390A  
Bloomington, MN 55420-4773  
952-885-6200 Fax # 952-885-6069

**Brooklyn Park - Zane**  
10000 Zane Ave. N. 2nd Floor  
Brooklyn Park, MN 55443  
763-569-6202 Fax # 763-569-6267

**Burnsville**  
Ridges Specialty Care Center  
14101 Fairview Drive #300  
Burnsville, MN 55337-2537  
952-892-2650 Fax # 952-892-2654

**Columbia Heights**  
4000 Central Ave. N.E. 2nd Floor  
Columbia Heights, MN 55421  
763-782-8106 Fax # 763-782-8184

**Eagan**  
3305 Central Park Village Drive  
Eagan, MN 55121  
651-406-8989 Fax # 651-406-8898

**Eden Prairie**  
800 Prairie Center Drive #230  
Eden Prairie, MN 55344  
952-944-5314 Fax # 952-944-0092

**Edina**  
Southdale Medical Building  
6545 France Avenue S., #450  
Edina, MN 55435  
952-836-3820 Fax # 952-836-3821

**Elk River**  
North Memorial Health Plaza  
800 Freeport Ave N. #200  
Elk River, MN 55330  
612-672-5775 Fax # 612-672-5777

**Fridley**  
6341 University Ave. N. #104  
Fridley, MN 55432  
763-572-5706 Fax # 763-502-6616

**Golden Valley**  
8301 Golden Valley Road #202  
Golden Valley, MN 55427  
763-533-0541 Fax # 763-533-1052

**Hugo**  
14712 Victor Hugo Blvd  
Hugo, MN 55038  
651-466-1950 Fax # 651-466-1953

**Lake Elmo OSI / IAM Partnership**  
8650 Hudson Blvd. #300  
Lake Elmo, MN 55042  
651-275-4706 Fax # 651-735-3586

**Lakeville**  
18592 Joplin Ave  
Lakeville, MN 55044  
952-892-9551 Fax # 952-892-9552

**Lino Lakes**  
7455 Village Drive  
Lino Lakes, MN 55014  
651-717-3480 Fax # 651-717-3489

**Maple Grove - Arbor Lakes**  
Arbor Lakes Medical Office Bldg.  
12000 Elm Creek Blvd #120  
Maple Grove, MN 55369  
763-420-9960 Fax # 763-420-9963

**Maple Grove**  
M Health Maple Grove Clinic  
14500 99th Ave. N. Desk #2  
Maple Grove, MN 55369  
763-898-1770 Fax # 763-898-1771

**Maplewood OSI / IAM Partnership**  
2515 White Bear Ave.  
Maplewood, MN 55109  
651-275-4706 Fax # 651-779-9748

**Minneapolis - Fulton**  
Clinics and Surgery Center  
909 Fulton St., #5-540A  
Minneapolis, MN 55445  
612-676-4569 Fax # 612-676-4073

**Minneapolis - Hiawatha**  
3809 42nd Ave. S, 2nd Floor  
Minneapolis, MN 55406  
612-728-7117 Fax # 612-721-0090

**Minneapolis - University Village**  
2525 University Ave. S.E.  
Minneapolis, MN 55414  
612-672-6697 Fax # 612-672-6816

**Minneapolis - Uptown**  
Lake Calhoun Center  
3033 Excelsior Blvd. #225  
Minneapolis, MN 55416  
612-821-4375 Fax # 612-821-4373

**Plymouth - City Center**  
North Clinic Building  
15655 37th Ave N., #250  
Plymouth, MN 55446  
763-551-9511 Fax # 763-551-9593

**Rosemount**  
15075 Cimarron Ave., #20  
Rosemount, MN 55068-2771  
651-322-8888 Fax # 651-322-8889

**Roseville**  
1955 W. County Road B2  
Roseville, MN 55113  
651-697-1313 Fax # 651-697-1133

**Savage**  
5725 Loftus Drive  
Savage, MN 55378  
952-226-9560 Fax # 952-226-9561

**St. Anthony**  
2600 39th Ave. NE #220  
St. Anthony, MN 55421  
612-789-0417 Fax # 612-789-0522

**St. Paul-Highland Park**  
2155 Ford Parkway #107  
St. Paul, MN 55116  
651-696-5010 Fax # 651-696-5015

**Extended hours. Convenient locations.**  
**One number to call. 612-672-7100**  
**athleticmedicine.org**  
**fairview.org/fsoc**