

**Fairview Hand Center**

- Burnsville       Fulton
- Blaine             Hiawatha
- Edina               Maple Grove
- Elk River

Central Scheduling: 612-672-7100

**HAND THERAPY ORDER**

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

MR # \_\_\_\_\_

PATIENT NAME/MEDICAL RECORD # , OR STICKER

**BRING THIS ORDER TO YOUR FIRST APPOINTMENT**

Diagnosis: \_\_\_\_\_ DOI: \_\_\_\_\_

Surgical Procedure: \_\_\_\_\_ DOS: \_\_\_\_\_

**EVALUATE AND TREAT:**

**Specific Orders:**

- Edema Control
- Therapeutic Exercise
  - AROM \_\_\_\_\_
  - AAROM \_\_\_\_\_
  - PROM \_\_\_\_\_
  - Tendon glide     Nerve glide
- Strengthening
  - Isometric \_\_\_\_\_
  - Isotonic \_\_\_\_\_
- Modalities
  - Iontophoresis with dexamethasone
  - Ultrasound
  - Other \_\_\_\_\_
- Other \_\_\_\_\_

- Splinting
  - Static     Static Progressive     Dynamic
  - Right     Left     Both
  - (List specific position of joints to be included)
- Finger Based \_\_\_\_\_
- Hand Based \_\_\_\_\_
- Forearm Based \_\_\_\_\_
- Long Arm Based \_\_\_\_\_
- Other \_\_\_\_\_
- Wearing Schedule
  - Protection                       Remove for shower
  - Night Time                         Remove for light activity/ exercise
- PRN                                       Do Not Remove

Significant History/Precautions: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Visits \_\_\_\_\_ or Frequency:  PRN    1x    2x    3x / wk    Other \_\_\_\_\_  
Return to MD by: \_\_\_\_\_ Duration:  PRN    1    2    3    4    5    6 wk    Other \_\_\_\_\_

MD Signature \_\_\_\_\_ Date \_\_\_\_\_ Received by: \_\_\_\_\_ Date \_\_\_\_\_

# Fairview Hand Therapy Locations

## Blaine

Fairview Sports and Orthopedic Clinic - Blaine  
10961 Club West Parkway NE  
Suite 200  
Blaine, MN 55449  
763-528-2992  
Fax: 763-528-2951

## Edina

Fairview Hand Center - Edina  
6545 France Ave. S.  
Suite 450  
Edina, MN 55435  
952-836-3820  
Fax: 952-836-3821

## Maple Grove

Fairview Hand Center -  
Maple Grove  
14500 99th Ave. N., Suite 1-210  
Maple Grove, MN 55369  
763-898-1770  
Fax: 763-898-1771

## Minneapolis/Hiawatha

Institute for Athletic Medicine  
Hand - Minneapolis/Hiawatha  
3809 42nd Ave. S.  
Minneapolis, MN 55406  
612-728-7117  
Fax: 612-721-0090

## Burnsville

Fairview Sports and Orthopedic Clinic - Burnsville  
14101 Fairview Drive, Suite 300  
Fairview Ridges Specialty  
Care Center  
Burnsville, MN 55337-2537  
952-892-2650  
Fax: 952-892-2654

## Elk River

Fairview Hand Center -  
Elk River  
800 Freeport Ave. N.  
Suite 200  
Elk River, MN 55330  
612-313-4410  
Fax: 612-672-5777

## Minneapolis/Fulton

Institute for Athletic Medicine  
Hand - Minneapolis/Fulton  
Clinics and Surgery Center  
909 Fulton St. SE  
Fourth Floor  
Minneapolis, MN 55455  
612-676-4483  
Fax: 612-676-4039

