

Pramlintide (PRAM-lin-tide)

Brand name: Symlin

What does it do?

Slows the rate at which food leaves your stomach. It is used along with insulin to control blood glucose.

How do I take it?

Where to inject

- This medicine is given as a shot under the skin of your stomach (abdomen) or thigh.
- Rotate where you take the shot within your chosen area. For example, if you always inject in your stomach, inject a different spot in your stomach each time.

When to inject

- Your doctor will tell you the dose and how often to inject it.
- Take it before meals.
- When you begin taking it, your doctor may need to adjust your insulin dose.

Safety tips

- Do **not** mix Symlin and Insulin.
- Do **not** inject it in the same spot where you inject your insulin.

- **If you are ill and not able to eat:** Do not take this medicine.
- **If you miss a dose:** Skip the missed dose.
- **If you take other medicines by mouth (orally):** Take other medicines at least 1 hour before or 2 hours after your injection.

What are the possible side effects?

You may have redness, swelling, pain, itching, burning or a lump where the shot was given.

You may lose interest in eating or lose weight.

You may have nausea (feeling sick to your stomach) or vomiting (throwing up). These should go away within one week.

You may have low blood glucose (less than 70). Signs of low blood glucose include:

- Sweating
- Feeling shaky or sudden hunger
- Fast heartbeat
- Feeling dizzy, confused or weak
- Headache or problems seeing
- Feeling sleepy, nervous or crabby

How should I store this medicine?

This medicine is good for 30 days after you open it. Store **opened** pens at room temperature. Keep them away from sunlight and heat.

Store **unopened** pens in the refrigerator. Do **not** freeze them.

Keep all medicine out of the reach of children and pets.

When should I call the doctor?

You should call the doctor right away if you notice any of the following:

- Frequent low or high blood glucose
- Nausea or vomiting that lasts one week
- Fever, chills, sore throat, cough, runny nose or body aches that last more than three days
- A rash
- Fainting or seizures
- Feeling dizzy
- Any sign of an allergic reaction, such as:
 - Hives or itchy skin
 - Swelling in the face, hands, mouth or throat
 - Tingling in the mouth or throat
 - A tight feeling in the chest
 - Trouble breathing, wheezing.

What else should I know before taking this medicine?

- Before taking this medicine, tell your doctor:
 - About all medicines you are taking, including over-the-counter drugs and herbal products.
 - If your stomach empties more slowly than normal (gastroparesis).
 - If you have kidney or liver problems.
 - If you are pregnant or breastfeeding, or you are planning to get pregnant.
- Always carry some form of carbohydrate with you.
- Alcohol may cause symptoms that feel like low blood glucose. Check your blood glucose often when drinking alcohol.