



Your Rights: For Mental and Behavioral Health Patients

Under Minnesota law, you have these rights:

1. We must treat you politely and with respect.
2. We must **not** treat you differently because of your age, race, color, creed, religion, place of birth, sex, gender, gender identity, marital status, disability, sexual orientation, or income. You can read more about these rights at this link:

3. We must give you the medical care you need.
4. You can get the name, business address, telephone number, and specialty of the person who coordinates your care—in writing.
5. You can get complete and up-to-date information about your health problem, treatment, options, and risks. And you can take part in planning your care. You can:
 - Talk about your treatment and options with your health care team
 - Ask for and be part of formal care meetings
 - Have someone you choose be with you during these meetings
6. You'll be cared for on a set schedule and by the same people, as much as possible.
7. You can say **no** to being part of research. Research must be explained to you, and you must agree in writing to be part of it.

8. You can say **no** to treatment. And you can stop getting services at any time, unless you're legally ordered to get treatment.
 9. We'll keep your treatment and medical record private, according to the law. To learn more, see our [Notice of Privacy Practices](#) at this link:

 10. You may complain to our staff and to other people you choose. **No one** may stop you from complaining or punish you for it.
 11. You have a right to get quick, fair answers to your questions and requests.
 12. We must tell you before we take your picture, take video of you, or record your voice during your therapy session. You can say no to pictures or recordings, unless we need them for your care.
 13. You may see your own health records.
- If you're getting care from a psychologist, social worker, marriage and family therapist, counselor, or alcohol and drug counselor, you have these rights, too:
1. You can expect your care team to have the right education, training, and experience to do their jobs. We must give you information about your care team when you ask for it.
 2. You may look at the public records that show your care team's training and other information.

3. You have the right to be free from being exploited by anyone on your care team for their own benefit.
4. You have the right to get a non-technical (plain-language) description of how assessment works and of your assessment results.
5. You have a right to know where we plan to send your assessment results.
6. You have the right to take away your consent to share assessment results, unless the law or the courts take away this right.
7. You have the right to be told the cost of services before you get them.
8. If you have concerns about your care or about your rights as a patient, you can call M Health Fairview Patient Relations at 612-672-1000. Or email patientrelations@fairview.org.

9. If M Health Fairview **can't** resolve your concerns to your satisfaction, you may contact the following organizations:

Board of Behavioral Health and Therapy
335 Randolph Ave., Suite 290
St. Paul, MN 55102
651-201-2756
mn.gov/boards/behavioral-health/

Board of Psychology
335 Randolph Ave., Suite 270
St. Paul, MN 55102
612-617-2230
mn.gov/boards/psychology/

Board of Marriage and Family Therapy
335 Randolph Ave., Suite 260
St. Paul, MN 55102
612-617-2220
mn.gov/boards/marriage-and-family/

Board of Social Work
335 Randolph Ave., Suite 245
St. Paul, MN 55102
612-617-2100
mn.gov/boards/social-work/

FIIRO GAAR AH: Hadii aad ku hadasho Soomaali, waaxda luqadaha, qaybta kaalmada adeegyada, waxay idiin hayaan adeeg kharash la'aan ah. So wac 612-273-3780.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 612-273-3780.

We comply with applicable federal and state civil rights laws, including the Minnesota Human Rights Act. We do not discriminate because of race, color, creed, religion, national origin, marital status, age, disability, sexual orientation, sex, gender, or gender identity.