

Atrovent HFA Inhaler

Medicine: Ipratropium (I-pra-TROE-pee-um)

What it does

The medicine in this inhaler relaxes the muscles around the airway and makes breathing easier.

It can be used with a fast-acting inhaler for quick relief. **Don't use it alone for fast relief.**

Test spray (priming)

Prime every new inhaler by spraying it away from your face 2 times. You should also prime the inhaler if you haven't used it for 3 days or longer. You **don't** need to shake this inhaler.

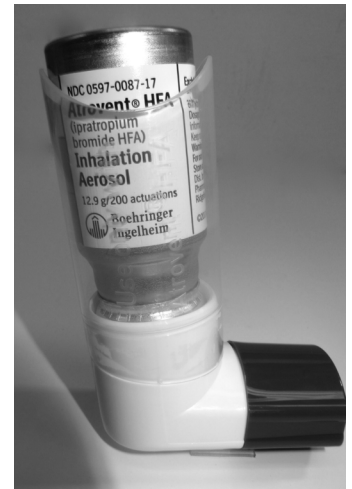
How to use this inhaler

1. Wash and dry your hands well.
2. Remove the mouthpiece cover. Make sure there aren't any loose parts inside the mouthpiece.
3. Sit up straight or stand up.
4. Hold the inhaler so the mouthpiece is at the bottom and the canister is sticking straight up. Fully exhale (breathe out) through your mouth.
5. Place the mouthpiece between your lips. Make sure that your tongue is flat under the mouthpiece and does not block the opening.

6. Seal your lips around the mouthpiece.
7. Close your eyes (to make sure you do not spray medicine into your eyes).
8. Push the canister all the way down into the plastic sleeve as you slowly take a deep breath through your mouth for 5 seconds.
9. Hold your breath for 10 seconds. If you can't hold your breath for 10 seconds, then hold your breath for as long as you can.
10. If you need a second puff, wait about 1 minute. Then repeat steps 5 to 10.
11. Replace the mouthpiece cover after each use. Store in a cool, dry place.

Cleaning

Each week, remove the canister and wash the plastic sleeve in warm, running water for 30 seconds. Let air dry.



How to tell if the inhaler is empty

Each inhaler contains 200 puffs. The counter is on the back of the inhaler. At count 40, the color starts to change from green to red. At 20, it will be totally red to remind you to refill. It is empty at 0 (zero).

If you have questions about the use of your inhaler, please ask your pharmacist or provider.

For more information and video demos, go to fpanetwork.org/inhaler.