

Flovent HFA Inhaler

Medicine: Fluticasone (floo-TIK-a-sone)

What it does

This medicine will help open your airways and make breathing easier. It works to decrease inflammation, swelling, and mucus over time.

Test spray (priming)

Before the first use, shake inhaler and then spray into the air 4 times. Shake and spray 1 time if not used within 7 days or if inhaler has been dropped. Take care not to spray into your eyes.

How to use this inhaler

1. Wash and dry your hands well.
2. Remove the mouthpiece cover. Check for loose parts inside the mouthpiece.
3. Shake the inhaler several times for about 5 seconds.
4. Sit up straight or stand up.
5. Fully exhale (breathe out) through mouth. Hold the inhaler so the mouthpiece is at the bottom and the canister points upward.

6. Place the mouthpiece between your lips. Make sure that your tongue is flat under the mouthpiece and does not block the opening.



7. Seal your lips around the mouthpiece.
8. Push the canister all the way down as you begin to slowly take a deep breath through your mouth over 5 seconds.
9. Hold your breath for 10 seconds. If you cannot hold your breath for 10 seconds, then hold your breath for as long as you can.
10. If you need another puff, wait 30 seconds.
11. Repeat steps 5 to 10 until you've taken the prescribe dose.
12. Rinse your mouth after the last puff and spit the water out or brush your teeth. **Don't** swallow.
13. Replace the cover after each use. Store in a cool, dry place.

Cleaning

Clean at least one time each week. Use a damp cotton swab to clean the round opening. Wipe mouthpiece with a damp tissue. Let air-dry.

Don't remove the canister from the inhaler. You might not get the correct dose of medicine, and the dose counter may not work.

How to tell if the inhaler is empty

This inhaler contains 120 puffs (124 before priming). The inhaler is empty when dose counter reads 000.

If you have questions about the use of your inhaler, please ask your pharmacist or provider.

For more information and video demos, go to fpanetwork.org/inhaler.