

Proventil HFA Inhaler

Medicine: Albuterol (al-BYOO-ter-ahl)

What it does

Works quickly to relax muscles around your airways and make breathing easier. The medicine usually lasts 3 to 4 hours. Use when you need fast relief.

Test spray (priming)

Prime before first use or if not used for 2 weeks or if you have dropped it. Shake the inhaler and spray 4 times, away from your face.

How to use this inhaler

1. Wash and dry your hands well.
2. Remove the mouthpiece cover. Check for loose parts inside the mouthpiece.
3. Sit up straight or stand up.
4. Shake inhaler well before each spray.
5. Hold the inhaler so the mouthpiece is at the bottom and the canister is sticking straight up. Fully exhale (breathe out) through mouth.
6. Place the mouthpiece between your lips. Make sure that your tongue is flat under the mouthpiece and does not block the opening.
7. Seal your lips around the mouthpiece.
8. Push the canister all the way down as you slowly take a deep breath through your mouth over 5 seconds.

9. Hold your breath for 10 seconds. If you cannot hold your breath for 10 seconds, then hold it for as long as you can.



10. If you need another dose, wait one minute and repeat steps 4 to 9.
11. Replace the cover after each use. Store in a cool, dry place with the mouthpiece pointed down.

Cleaning

Wash one time each week. Remove canister and wash mouthpiece with warm water. Don't get the canister wet. Let air-dry overnight. Put inhaler back together and spray 1 time.

If not cleaned, the inhaler may not work.

How to tell if the inhaler is empty

Each inhaler contains 200 puffs. This inhaler does not have a counter. When the counter reads 020, you should refill your prescription. When the counter reads 000, the inhaler is empty. You should throw the empty inhaler away.

If you have questions about the use of your inhaler, please ask your pharmacist or provider.

For more information and video demos, go to www.fpanetwork.org/inhalers.