What it does

The medicine in this inhaler works to relax the muscles around the airway and make breathing easier.

Use this inhaler every day to prevent symptoms, even if you are feeling well. Do not use for fast relief.

How to use this inhaler

Do not get powder in your eyes. It could cause serious eye problems.

1. Wash and dry your hands well
2. Remove the mouthpiece cover by squeezing lightly on the arrows on the sides of the cap.
3. Check for loose parts inside the mouthpiece.
4. Hold the inhaler with the green button facing up. Do not tilt.
5. Press the green button all the way down, then release it.
6. Check display window – it should now be green (if it is red, push and release the button again.)
7. Sit or stand up straight.

8. Exhale (breathe out) through your mouth away from inhaler.
9. Place the mouthpiece in your mouth and seal your lips around it.
10. Breathe in quickly and deeply. You should hear a “click.” Breathe in until you get all of the medicine. (Do not hold green button down while breathing in your dose.)
11. Remove the mouthpiece from your mouth and hold breath for 10 seconds or as long as you can.
12. Breathe out slowly away from the inhaler.
13. Check display window to see if it’s red. If the window is still green, you did not get your medicine. Repeat steps 7 to 12 until the window turns red.
14. When the window is red, put the cover back on.
Cleaning

Wipe the outside with dry cloth if needed. Keep dry.

How to tell if the inhaler is empty

The inhaler holds 60 puffs. The dose counter counts down by 10. The band will turn red when there are 10 doses left.

Throw out inhaler 45 days after opening foil pouch (or when dose counter reads 0 (zero). The inhaler will lock when all of the doses are gone.

If you have questions about the use of your inhaler, please ask your pharmacist or provider.

For more information and video demos, go to fpanetwork.org/inhaler.