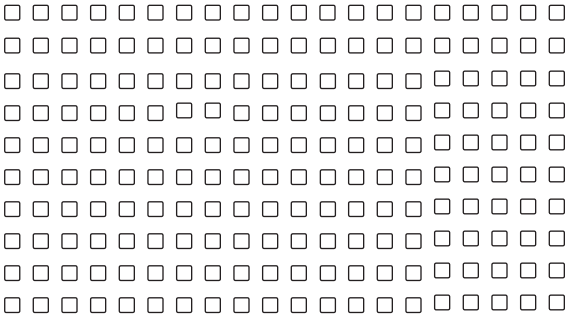
Know When to Replace Your Inhaler

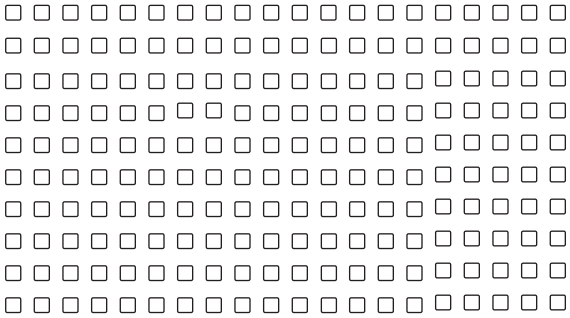
Your inhaler will still release puffs after the medicine runs out. Use this guide to help you track the number of doses left in your inhaler.

Cut out a tracker and tape it to your inhaler. Mark a box each time you take a puff so that you know when it is time to get a new inhaler.

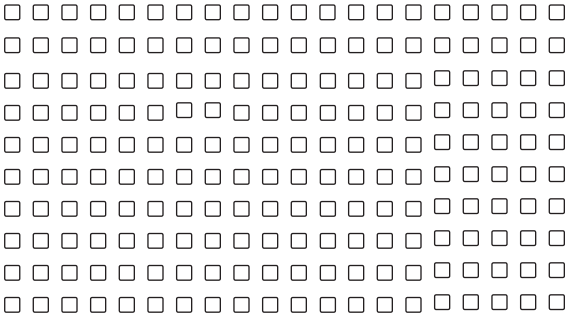
200-puff tracker



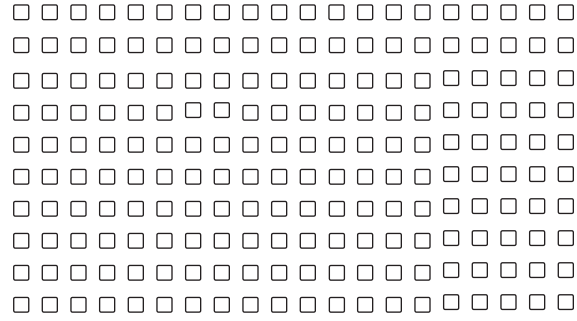
200-puff tracker



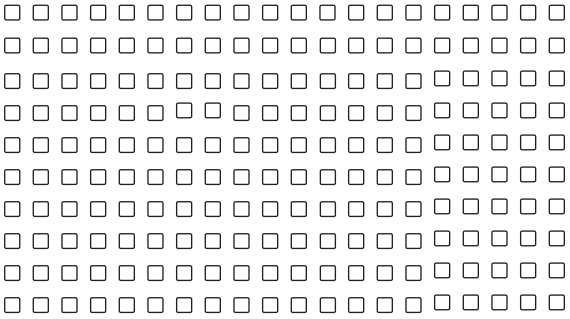
200-puff tracker



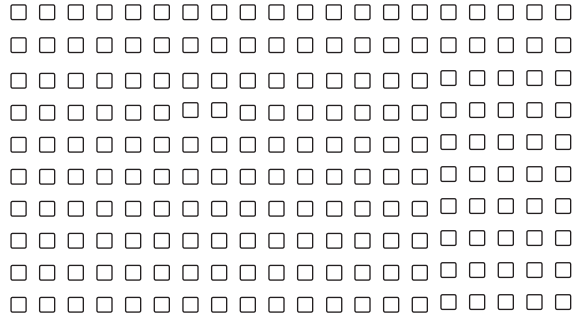
200-puff tracker



200-puff tracker



200-puff tracker



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Know When to Replace Your Inhaler

Your inhaler will still release puffs after the medicine runs out. Use this guide to help you track the number of doses left in your inhaler.

Check off a box each time you take a puff so that you know when it is time to get a refill.

200-Puff Tracker

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