Preparation of Pancreatic Enzymes for Tube Feeding

For Adult Patients

Guidelines for mixing Viokace

Pancreatic enzymes (Viokace) help digest your food. They help your body get enough nutrients.

If you prepare your enzymes the correct way, you will avoid serious problems: The pump might stop working. Or you may have diarrhea (loose stool) and stomach pain.

- Be sure you mix the enzymes with the correct amount of warm water. Extra water will prevent you from getting all of your carbohydrate and may cause low blood sugar. Too much water will increase the length of time it takes to infuse.
- Do not make the enzyme feeding mixture ahead of time. Not even if you refrigerate it.
- Do not put the enzyme mixture in the microwave or use a blender.

Steps for making 4 hours of enzyme mixture

1. Crush sodium bicarbonate (___tablets) to a powder and mix into 15ml (1 Tablespoon) warm water.
2. Let the powder dissolve in the water for 1 to 2 minutes. There should be no chunks.
3. Crush _____ Viokace tablets to a powder. Add the powder to the sodium water.
4. Let this solution sit for 10 minutes.
5. When the enzymes are totally dissolved, do not strain or throw out any matter you see at the bottom of the glass (there may be a small amount of stringy stuff).
6. Measure ____ml of tube feeding into the cylinder.
7. Add the enzyme water to the cylinder. Gently mix with a spoon.
8. Empty your bag of any leftover tube feeding.
9. Add the new mixture to the feeding bag and remove the air. To give the tube feeding, see the instruction sheet.

You will prepare Viokace tablets and tube feeding every 4 hours.
**Steps for making 8 hours of enzyme mixture**  
(for overnight use if ordered by your doctor)

1. Crush sodium bicarbonate (___tablets) to a powder and mix into 30ml (2 Tablespoons) **warm** water.

2. Let the powder dissolve in the water for 1 to 2 minutes. There should be no chunks.

3. Crush _____ Viokace tablets to a powder. Add the powder to the sodium water.

4. Let the solution sit for 10 minutes.

5. When the enzymes are totally dissolved, do not strain or throw out any matter you see at the bottom of the glass (there may be a small amount of stringy stuff).

6. Measure ____ml of tube feeding into the cylinder.

7. Add the enzyme water to the tube feeding in the cylinder. Gently mix with a spoon.

8. Empty your bag of any leftover tube feeding.

9. Add the new mixture to the feed bag and remove the air. To give the tube feeding, see the instructions.

You will prepare _____ Viokace tablets and _____ ml tube feeding for 8 hours overnight.

Do not use tube feeding longer than 8 hours.

Any questions or problems?

Call your care team at Fairview Home Infusion: 612-672-2233.