

Arnuity Ellipta Inhaler

Medicine: Fluticasone (floo-TIK-a-sonə)

What it does

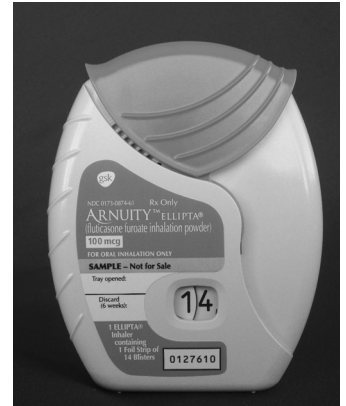
This medicine helps open your airways and make breathing easier. It works over time to reduce swelling and mucus.

How to use this inhaler

1. Wash and dry your hands well.
2. **Don't** shake the inhaler.
3. Slide down the cover until you hear a click.
4. Breathe out through your mouth away from the inhaler.
5. Close your lips tightly around the mouthpiece.
6. Breathe in deeply through your mouth.
Don't block the air vent with your fingers.
7. Remove the mouthpiece and hold your breath for at least 3 to 4 seconds, or as long as you can.
8. Breathe out through your mouth slowly, away from the inhaler.
9. You may not taste or feel the medicine, even when you use the inhaler correctly. **Don't** take another dose.
10. Close the inhaler and store in a cool, dry place.

11. Rinse your mouth and spit the water out. **Don't** swallow.

Important: Open the inhaler only if you're ready to take your dose. Each time you open the cover, the counter goes down by 1. You'll lose the dose if you close the cover without taking the medicine.



Cleaning

Wipe the mouthpiece with a dry cloth if needed.

How to tell if the inhaler is empty

This inhaler has 30 doses. It's empty when the counter reads 0. When less than 10 doses remain, the counter will turn half red to remind you it's time to get a refill.

Throw away the inhaler 6 weeks after you open the foil pouch. Or throw it away when the dose counter reads 0, whichever comes first.

If you have questions about the use of your inhaler, please ask your pharmacist or provider.

For more information and video demos, go to fpanetwork.org/inhaler