# Using Your Bydureon Pen

## Medicine: Exenatide (ex-EN-a-tide) extended-release

#### Storing your pens

Store your pens in the refrigerator until you use them. You can keep a pen at room temperature for 28 days. After that, throw it away.

#### Get your pen ready:

- 1. Take out one pen and let it sit at room temperature for at least 15 minutes.
- 2. Wash and dry your hands.
- 3. Peel back the corner tab and remove the pen and needle.
- 4. Look at the pen window to make sure the liquid is clear and has no color or specks.
  - Do not use the pen if the liquid is not clear, has a color or specks in it.
  - It is normal to see air bubbles.
- 5. Peel the paper cover off of the pen needle. Screw the needle onto the pen by twisting until it is tight.

### Mix the dose in the pen:

- 1. Hold the pen upright. Slowly turn the knob on the pen in the same direction as the arrows until you can't see the green part and you hear a click.
- 2. Hold onto the pen at the orange part and tap the pen firmly against the palm of your hand about

- 80 times to mix the dose. Stop every ten taps and turn the pen.
- 3. After mixing, check the window to see if the medicine is cloudy with no clumps. You can hold a piece of white paper on the other side of the window to help you see any clumps. If it is not mixed well, tap the pen some more.

#### Inject your dose (right after mixing):

- 1. Use an alcohol swab to clean your skin.
- 2. Hold the pen upright. Twist the knob on the pen in the direction of the arrows until you can't see the orange part and the injection button pops out.
- 3. Remove the needle cover by pulling it straight off. Do not twist the cover.
- 4. Insert the needle straight into your skin so that it reaches the fatty layer.
- 5. Press the injection button until you hear a click. Hold for 10 seconds to allow time for the medicine to get into your body.
- Remove the needle from your skin and throw the pen away in a SHARPS container.

If you have questions about using your pen, please ask your pharmacist or doctor.