

Using Your Bydureon Tray

Medicine: Exenatide (ex-EN-a-tide) extended-release

Get your pen ready

1. Remove the tray from the refrigerator. Set it on a flat surface and peel back the cover.
2. Wash and dry your hands.
3. Look at the liquid in the syringe to make sure it is clear and colorless. It is okay if there are bubbles.
4. Twist off the blue cap from the end of the needle.
5. Pick up the vial of powder and tap it a few times against a hard surface to loosen the powder. Remove the green cap from the vial.

Connect the parts:

1. Hold the vial connector package in one hand and peel back the paper cover.
2. Without touching the orange connector, use your other hand to hold the vial upside down over it.
3. Push the vial down firmly onto the connector.
4. Pick up the vial and set it aside to be used after you prepare the syringe.
5. Pick up the syringe and grasp the two gray squares on the white cap.

6. Break off the white cap as if you were snapping a twig. Be careful NOT to push the plunger.
7. Throw away the cap.
8. Pick up the vial with the orange connector and twist the tip of the syringe into the connector until it is snug. Do not make it too tight.

Mix the medicine:

1. Pick up the connected vial and syringe in one hand. Put your thumb on the plunger as if you were getting ready to shake a bottle of salad dressing.
2. With your thumb, push the plunger down all the way, and hold it down for the rest of the steps. It may push back a little bit.
3. Shake the connected vial and syringe hard, like a bottle of salad dressing. The connector will keep everything attached.
4. Keep shaking with your thumb on the plunger until the medicine looks cloudy with no clumps. When the medicine is mixed, inject it right away.

Fill the syringe:

1. After you mix the medicine, keep your thumb on the plunger and hold the vial upside down. The syringe will now point up.
2. Gently tap the vial so all of the medicine moves down toward the connector and the syringe.
3. Pull the plunger down so the end of it goes a little past the dashed line on the syringe.
4. Keep holding the syringe upright. Take care not to move or push on the plunger as you twist off the vial and dose connector.

Inject the medicine:

1. Pick up the needle and twist it onto the end of the syringe until snug.
2. Hold the needle upright and very slowly push the plunger in until the black edge of the plunger lines up with the dashed line on the syringe. No part of the black edge should pass the dashed line. It's okay if you see bubbles.
3. Pull the needle cover straight off. Do not twist.
4. Use an alcohol swab to clean your skin.
5. Insert the needle straight into your skin so that it reaches the fatty layer (remember to change injections sites).
6. Push the plunger all the way in.
7. Remove the needle from your skin and put the needle and syringe in a SHARPs container.

If you have questions about using your device, please ask your pharmacist or doctor.