

Using Your SymlinPen

Medicine: Pramlintide (PRAM-lin-tide)

Storing your pens

Store your pens in the refrigerator until you use them. You can keep a pen at room temperature for 30 days. After that, throw it away.

Get your pen ready (before first use only):

1. Wash and dry your hands well.
2. Remove the pen cap.
3. Look at the window in the pen to make sure the liquid is clear and has no color or specks.
 - Do not use the pen if it is not clear or has a color or specks.
 - It is normal to see air bubbles.
4. Wipe the rubber end of the pen with an alcohol swab.
5. Remove the seal from the pen needle and screw it onto the end of the pen
6. Remove the outer needle cap and set it aside. Remove the inner needle cap and throw it away.
7. Follow directions for the pen you use:
 - **Symlin 60:** Turn the dial on the pen until the dose window shows 15.
 - **Symlin 120:** Turn the dial on the pen until the dose window shows 60.

8. Gently pull the dose knob out until it stops and clicks.
9. Hold the pen upright, with the needle pointed away from you. Use your thumb to push in the dose knob until it stops. You should hear a clicking sound while pushing in the knob. You should see a drop of medicine at the tip of the needle.
10. If you do not see a drop of medicine, repeat steps 7 to 9.

Inject your dose:

1. Wash and dry your hands well.
2. Remove pen cap.
3. Look at the window in the pen to make sure the medicine is clear and has no color or specks.
 - Do not use the pen if it is not clear or has a color or specks.
 - It is normal to see air bubbles.
4. Wipe the rubber end of the pen with an alcohol swab.
5. Remove the seal from the new pen needle and screw it onto the end of the pen.
6. Remove the outer needle cap and set it aside. Remove the inner needle cap and throw it away.

7. Turn the dial until you see your dose in the window. Gently pull out the knob as far as it goes until it clicks.
8. Check that your dose is correct on the dosing knob. You should see a line, an arrow and the number of your dose.
 - If you do not see a line, arrow and the number of your dose, do not inject the dose.
 - Point the needle away from you and push the knob all the way in and repeat steps 7 and 8. (Once the knob has been pulled out, you can't turn the dial to change the dose so you need to waste that dose and start over.)
9. Use an alcohol swab to clean your skin. Choose a site at least 2 inches away from where you inject insulin (remember to change injection sites).
10. Insert the needle straight into your skin so that it reaches the fatty layer.
11. Use your thumb to slowly press the injection button on the end of the pen all the way in—you will hear a click. Hold it for 10 seconds to allow time for the medicine to get into your body.
12. Release the button and pull out the needle.
13. Put the outer needle cap on the end of the pen, and unscrew the needle. Put the used needle into a SHARPS container.
14. Put the cap on the pen and store at room temperature, away from sunlight.

If you have questions about using your pen, please ask your pharmacist or doctor.