

# Using Your Tanzeum Pen

*Medicine: Abiglutide (al-bi-GLOO-tide)*

## Storing your pens

Store your pens in the carton until you use them. You may keep the carton in the refrigerator or at room temperature. Throw them away after 4 weeks at room temperature.

## Get your pen ready:

1. Wash and dry your hands well.
2. Let a pen sit at room temperature for 15 minutes if stored in the refrigerator.
3. The number window should show a 1.
4. Hold the pen upright so that the clear cartridge is pointing up.
5. Twist the clear cartridge clockwise, in the direction of the arrow. You will hear a click and see a 2 in the number window.
6. Gently and rock the pen back and forth like a windshield wiper five times. Do not shake the pen.
7. Set the pen in a clean cup with the clear cartridge at the top. Set a timer for 15 minutes to let the medicine mix.

## Inject your dose:

1. Wash and dry your hands well.
2. After 15 minutes, slowly rock the pen like a windshield wiper 5 more times.

3. Look at the cartridge window to make sure the liquid is clear and has no specks in it.
  - Do not use the pen if it is not clear or you can see specks.
  - The liquid may be yellow and you may see some air bubbles. That's okay.
4. Remove the seal from the new needle and push it onto the end of the pen. You will feel it snap into place.
5. Hold the pen upright. Gently tap the side to bring any large air bubbles to the top of the cartridge.
6. Twist the clear cartridge end of the pen clockwise in the direction of the arrows until the pen clicks and you see a 3 in the window. This removes the air bubbles and pops out the button at the end of the pen.
7. Remove the outer and inner needle caps and throw them away. Insert the needle straight into your skin so that it reaches the fatty layer.
8. Use your thumb to slowly press the button on the end of the pen all the way in until you hear a click. Hold it for 5 seconds to allow time for the medicine to get into your body.
9. Release the button and pull out the needle. Put the used pen and needle into a SHARPS container.

**If you have questions about using your pen, please ask your pharmacist or doctor.**

