Visiting a Loved One in the Hospital during the COVID-19 Outbreak

How can I connect with my loved one?

For everyone’s safety, only a limited number of visitors are allowed at our hospitals during the COVID-19 outbreak:

- **Visiting hours:** 8 a.m. to 8:30 p.m.
- **Hospital:** Adult patients can have 1 named visitor; it must be the same person during the patient’s stay. Children (under age 18) can have 2 named visitors; these must be the same two people during the patient’s stay.
- **No visitors under the age of 12** are allowed for hospital patients.
- **Emergency Department:** Adult patients can have 1 visitor with them until they go to a room. Children (under age 18) can have 1 visitor.
- **Patients having a baby:** Can have 1 named visitor and a doula.
- **Surgeries and procedures:** Adult patients can have 1 visitor through the pre-operative process. Children can have 2 visitors throughout the surgery process.
- **Mental health and addiction:** No visitors are allowed for adults or children.
- **Patients with disabilities:** Can have a support person with them (family member, service provider or someone well informed about their needs).
- **Patients confirmed or suspected to have symptoms of COVID-19:** No visitors allowed for adult patients. Children (under age 18) can have 1 named visitor.
- **People who are sick or showing symptoms of COVID-19:** Are not allowed to visit patients.

Exceptions are only made in special situations.

What should I do if I’m allowed to visit?

Please follow these guidelines for your visit:

- Arrive wearing a mask over your mouth and nose; we will give you a medical mask to wear when you arrive if you arrive wearing a cloth mask. Keep it on during your entire visit, even when in a patient’s room. If you **don’t** wear a mask, we’ll ask you to leave.
- Clean your hands with alcohol hand sanitizer. Do this when you arrive at and leave the building and patient room, and again after you touch your mask or anything in the room.
- We will ask screening questions to check if you are healthy. You **can’t** visit if you have a fever, cough, shortness of breath, muscle aches, headaches, sore throat or diarrhea (loose, watery stools).
- Stay 6 feet away from others during your visit and between visits.
- Go directly to and from the room you are visiting.
- Stay in the patient’s room during your visit. Limit going to other places in the hospital as much as you can.
- Leave bags and jackets at home or in the car.
- For everyone’s health, please **don’t** come and go during your visit. That includes for smoking.

For more information, visit [cdc.gov](http://cdc.gov) or [mhealthfairview.org/covid19](http://mhealthfairview.org/covid19).